

CAPITAL & REGIONAL PLC
(Incorporated in the United Kingdom)
(UK company number 01399411)
LSE share code: CAL JSE share code: CRP
LEI: 21380097W74N9OYF5Z25
ISIN: GB0001741544
("Capital & Regional" or "the Company")



**CAPITAL &
REGIONAL**

DIRECTOR SHAREHOLDING

The Company has been notified of the following transactions in its ordinary shares of 10 pence each by Directors of the Company.

On 6 October 2023, Directors exercised share awards granted to them under the Company's Combined Incentive Plan as outlined below:

Name of Director	Role	Number of options exercised	Total resulting beneficial shareholding	As a % of total voting rights
Stuart Wetherly	Group Finance Director	37,802	87,812	0.039%
Lawrence Hutchings	Chief Executive	70,106	87,042	0.039%

For the transactions in the above table, the options were exercised on 6 October 2023 at nil cost. The individuals cash funded the tax liability crystallising as a result of exercise of the options.

This announcement is made in accordance with the requirements of the EU Market Abuse Regulation.

10 October 2023

JSE sponsor



Notes to editors:

About Capital & Regional plc

Capital & Regional is a UK focused retail property REIT specialising in shopping centres that dominate their catchment, serving the non-discretionary and value orientated needs of the local communities. It has a track record of delivering value enhancing retail and leisure asset management opportunities across a portfolio of tailored in-town community shopping centres.

Using its expert property and asset management platform, Capital & Regional owns and manages shopping centres in Edinburgh, Hemel Hempstead, Ilford, Maidstone, Walthamstow and Wood Green.

Capital & Regional is listed on the main market of the London Stock Exchange (LSE) and has a secondary listing on the Johannesburg Stock Exchange (JSE).

For further information, see www.capreg.com.