

CAPITAL & REGIONAL PLC
(Incorporated in the United Kingdom)
(UK company number 01399411)
LSE share code: CAL JSE share code: CRP
LEI: 21380097W74N9OYF5Z25
ISIN: GB0001741544
("Capital & Regional" or "the Company")



**CAPITAL &
REGIONAL**

DIRECTOR SHAREHOLDING

The Company has received notification of the following provisional take up of ordinary shares of £0.10 each by Directors of the Company through the Company's Scrip Dividend Scheme ("the Scrip").

Beneficial holder	Number of Shares acquired through the Scrip	Total Shares in which an interest is held following the issue of new shares
Lawrence Hutchings	422	12,439
Stuart Wetherly	1,210	36,813
David Hunter	3,703	109,145
Ian Krieger	598	17,630
Norbert Sasse	2,184	64,371
Laura Whyte	1,092	32,207

The Shares are due to be issued on the London Stock Exchange on 7 October 2022 at £0.5694 per share, being the Scrip reference share price.

This announcement is made in accordance with the requirements of the EU Market Abuse Regulation.

26 September 2022

JSE sponsor

JAVACAPITAL

Notes to editors:

About Capital & Regional plc

Capital & Regional is a UK focused retail property REIT specialising in shopping centres that dominate their catchment, serving the non-discretionary and value orientated needs of the local communities. It has a strong track record of delivering value enhancing retail and leisure asset management opportunities across a portfolio of in-town shopping centres.

Capital & Regional owns and/or manages seven shopping centres in Hemel Hempstead, Ilford, Luton, Maidstone, Redditch, Walthamstow and Wood Green. Capital & Regional manages these assets through its in-house expert property and asset management platform.

Capital & Regional is listed on the main market of the London Stock Exchange (LSE) and has a secondary listing on the Johannesburg Stock Exchange (JSE)

For further information see capreg.com/