

CAPITAL & REGIONAL PLC

(Incorporated in the United Kingdom)

(UK company number 01399411)

LSE share code: CAL JSE share code: CRP

LEI: 21380097W74N9OYF5Z25

ISIN: GB0001741544

(“Capital & Regional” or “the Company”)



**CAPITAL &
REGIONAL**

DIRECTOR SHAREHOLDING

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The Company has been notified of the following transactions in its ordinary shares of 10 pence each (“Shares”) by Directors of the Company.

On 17 December 2021, Directors exercised share awards granted to them under the Company’s 2008 Long Term Incentive Plan (“LTIP”) and 2017 Deferred Bonus Share Plan (“Bonus Plan”), as outlined below:

Name of Director	Role	Share plan	Number of options exercised	Number of Shares sold	Number of Shares retained
Stuart Wetherly	Group Finance Director	LTIP	5,292	2,487	2,805
Lawrence Hutchings	Chief Executive	Bonus Plan	5,636	2,649	2,987

For all of the transactions in the above table, the options were exercised on 17 December 2021 at nil cost. The sale of Shares took place on 17 December 2021 at an average price of 58.00 pence per share in order to satisfy the tax liability crystallising as a result of exercise of the options.

Following the above transactions, the total beneficial shareholdings of the Directors in the Company are as follows:

Name of Director	Role	Interest in Shares prior to transactions	Total Shares following transactions	Total Shares held post transactions as a % of total voting rights
Stuart Wetherly	Group Finance Director	32,798	35,603	0.022%
Lawrence Hutchings	Chief Executive	9,030	12,017	0.007%

This announcement is made in accordance with the requirements of the EU Market Abuse Regulation.

21 December 2021

JSE sponsor

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Notes to editors:

About Capital & Regional

Capital & Regional is a UK focused specialist property REIT with a strong track record of delivering significant value enhancing retail and leisure asset management opportunities across its portfolio of in-town, dominant community shopping centres.

Capital & Regional owns seven shopping centres in Blackburn, Hemel Hempstead, Ilford, Luton, Maidstone, Walthamstow and Wood Green. Capital & Regional manages these assets through its in-house expert property and asset management platform.

For further information see www.capreg.com