
Nutritional Holdings Limited
Incorporated in the Republic of South Africa
(Registration number 2004/002282/06)
Share code: NUT ISIN: ZAE000298568
(**"Nutritional Holdings"** or **"the Company"**)

RENEWAL OF CAUTIONARY ANNOUNCEMENT

Shareholders are referred to the cautionary announcement dated 3 June 2021 and the subsequent renewal thereof dated 4 August 2021 wherein they were advised that the consolidation of Nutritional Holdings' shares, on the basis of 1 (one) share for every 25 (twenty-five) shares held ("Share Consolidation"), will be implemented whilst the Company's listing on the Alternative Exchange of the JSE Limited is suspended.

As the Share Consolidation may have a material effect on the price at which the Company's securities may expect to trade post the lifting of the suspension, shareholders are advised to continue exercising caution when dealing in the Company's securities until a further announcement is made regarding the lifting of the suspension.

Durban
16 September 2021

Designated Adviser
Merchantec Capital