



NUTRITIONAL HOLDINGS LIMITED

(Registration number: 2004/002282/06)
(Incorporated in the Republic of South Africa)
(Share Code: NUT ISIN Code: ZAE000298568)
("Nutritional" or "the Company")

**FURTHER UPDATE ON PUBLICATION OF THE AUDITED RESULTS FOR THE YEAR ENDED
28 FEBRUARY 2021, CONTACT INFORMATION AND RENEWAL OF CAUTIONARY**

Shareholders are referred to the announcement published on SENS on 30 June 2021 regarding the notification of the delay in the publication of the Company's audited results for the year ended 28 February 2021.

The Company experienced severe business interruptions as a result of the recent riots and looting experienced in KwaZulu-Natal. Nutritional's buildings were not seriously affected, however, access to the Company's building was restricted due to roadblocks being set up on the surrounding major highways. This closed all access to the building.

The effects of the COVID-19 pandemic have seen a majority of Nutritional's senior executives falling ill over the past four weeks, with one of the key executives being hospitalised yesterday. As a result of the above, the audit has also been delayed.

The finance team are doing their utmost, under these difficult conditions, to ensure the finalisation of the audit for the year ended 28 February 2021 as well as the completion of the Annual Report. The target is for both the audit and the Annual Report to be finalised by the end of August 2021, although firm timelines cannot yet be established.

Shareholders will be updated on the expected date of finalisation of the audit once confirmation has been received by Nutritional auditors.

CONTACT INFORMATION

As a result of the above there has been a delay in updating the Company's website as well as their contact information. This information is expected to be updated on Nutritional's website by close of business today.

RENEWAL OF CAUTIONARY ANNOUNCEMENT

Shareholders are referred to the announcement published on SENS on 30 June 2021 regarding the consolidation of the Company's shares on the basis of 1 (one) share for every 25 (twenty-five) shares held whilst the Company was suspended and that it may have a material effect on the price at which the Company's shares may be expected to trade post lifting of the suspension.

Shareholders are thus advised to continue to exercise caution in dealing in their shares until a further announcement is made regarding the lifting of the suspension and when dealing in the shares on the lifting of the suspension.

By order of the Board
Durban

4 August 2021

Designated Advisor

AcaciaCap Advisors Proprietary Limited

