

LONG4LIFE LIMITED
(Incorporated in the Republic of South Africa)
(Registration number: 2016/216015/06)
Share code: L4L
ISIN: ZAE000243119
("Long4Life" or "the Company")

DEALINGS IN SECURITIES

In compliance with paragraphs 3.63 to 3.74 of the Listings Requirements of the JSE Limited ("JSE"), the following information is disclosed:

Name:	CS Datnow
Position:	Executive director of Long4Life Limited
Nature of transaction:	Restructuring of share portfolio resulting in the transfer of Long4Life shares from L and C Datnow trust to CS Datnow
Date of transaction:	23 July 2021
Class of shares:	Long4Life ordinary shares
Number of shares:	5, 678, 836
Deemed price per share:	R4,33
Value of transaction:	R24 589 360
Nature of interest:	As a result of the transaction the nature of interest will change from indirect beneficial to direct beneficial

The abovementioned transaction is off-market and pre-requisite clearance for the above transaction was obtained.

Johannesburg
23 July 2021

Sponsor: The Standard Bank of South Africa Limited