



NUTRITIONAL HOLDINGS LIMITED

(Registration number: 2004/002282/06)
(Incorporated in the Republic of South Africa)
(Share Code: NUT ISIN Code: ZAE000156485)
("Nutritional Holdings" or "the Company")

CHANGE IN COMPANY SECRETARY

In accordance with paragraph 3.59(a) of the JSE Limited Listings Requirements, the board of directors of the Company wishes to advise that Ms Claire Middlemiss has resigned as Company Secretary with effect from 30 March 2021.

Light Consulting Proprietary Limited has been strategically appointed as Company Secretary of the Company with effect from 1 April 2021.

By order of the Board
Johannesburg
30 March 2021

Designated Advisor
AcaciaCap Advisors Proprietary Limited

