Nutritional Holdings Limited

(Registration number: 2004/002282/06)

(Incorporated in the Republic of South Africa) (Share Code: NUT ISIN Code: ZAE000156485)

("Nutritional Holdings" or "the Company")

Nutritional Holdings and Ukusekela fulfill orders to German consortium

Shareholders are referred to the SENS announcement dated 9 September 2020 wherein Ukusekela Holdings (Pty) Ltd ("Ukusekela") had secured a R1bn (One Billion Rand) supply agreement with Germany.

Nutritional Holdings and Ukusekela are pleased to inform shareholders that the first international delivery of 72 000 units, comprising of 50 000 units for the 1st supply and 22 000 units as the minimum stock buffer, equating to circa R32 000 000,00 (Thirty-Two Million Rand) of The Ultimate Immune Booster was successfully delivered to the German consortium's agent.

Shareholders are advised that in accordance with the five year strategic plan and shareholder enhancement plan, Nutritional Holdings is now in a growth stage wherein the priority is order fulfilment and creating shareholder value.

8 March 2021 Durban

Designated Advisor Exchange Sponsors