

LONG4LIFE LIMITED

(Incorporated in the Republic of South Africa)

(Registration number 2016/216015/06)

Share code: L4L

ISIN: ZAE000243119

("Long4Life" or "the Company")

DISCLOSURE OF BENEFICIAL INTEREST IN LONG4LIFE

In compliance with Section 122(3)(b) of the Companies Act, 2008 (Act 71 of 2008), as amended ("Companies Act") and paragraph 3.83(b) of the Listings Requirements of the JSE Limited ("JSE"), shareholders are advised that Long4Life has received notification in terms of section 121(1) of the Companies Act that Aylett & Company Proprietary Limited has acquired a beneficial interest in the securities of the Company, such that their entire beneficial interest amounts to 5,01% of the total number of securities in issue.

As required in terms of section 122(3) (a) of the Companies Act, Long4Life has filed the required notice with the Takeover Regulation Panel ("TRP").

The board of directors of Long4Life accepts responsibility for the information contained in this announcement as it relates to the Company and confirms that, to the best of its knowledge and belief, such information relating to Long4Life is true and that this announcement does not omit anything likely to affect the importance of such information.

14 December 2020

Johannesburg

Sponsor: The Standard Bank of South Africa Limited