

Nutritional Holdings Limited

(Registration number: 2004/002282/06)

(Incorporated in the Republic of South Africa)

(Share Code: NUT ISIN Code: ZAE000156485)

("Nutritional Holdings" or "the Company")

Electronic board meeting register

Shareholders are advised that a register of electronic board and committee meetings held for the financial year 2020 can be found on the Company's website www.nutritionalholdingssa.com/investor-information.

4 December 2020
Durban

Designated Adviser
Exchange Sponsors