

Nutritional Holdings Limited

(Registration number: 2004/002282/06)

(Incorporated in the Republic of South Africa)

(Share Code: NUT ISIN Code: ZAE000156485)

("Nutritional Holdings" or "the Company" )

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### **Notice of written shareholders' resolutions**

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Shareholders are advised that a notice of written shareholders' resolutions in terms of section 60 of the Companies Act, 71 of 2008, as amended ("Companies Act"), has been distributed to Nutritional Holdings shareholders today.

The written resolutions are in terms of section 60 of the Companies Act, a resolution submitted to shareholders as contemplated in section 60(1) of the Companies Act must be voted on by shareholders entitled to exercise voting rights in respect thereof within 20 (twenty) business days from the date on which it is submitted to them and will have been adopted if it is supported by persons entitled to exercise sufficient voting rights for it to have been adopted as a special resolution, at a properly constituted shareholders' meeting and, if adopted, has the same force and effect as if it had been approved by voting at a shareholders' meeting.

The salient dates and times are:

Record date in order to receive the form of written consent and eligible to vote	Friday, 27 November 2020
Posting of notice of written resolutions Publication of notice on Nutritional's website Publication of SENS announcement of written resolutions	Wednesday, 2 December 2020
Date of receipt of this Notice, determined as the 7th (seventh) day following the day on which this Notice was posted as recorded by a post office ("Deemed Receipt Date")	Wednesday, 9 December 2020
Voting opens and remains open for 20 business days	Thursday, 10 December 2020
Deadline for the exercise of voting rights by shareholders on the Resolutions by 10:00 on	Monday, 11 January 2021
Publication of results on SENS	Tuesday, 12 January 2021

Notes:

1. All dates and times are local times in South Africa. The above dates and times are subject to change. Any changes will be released on SENS.

2 December 2020  
Durban

Designated Adviser  
Exchange Sponsors