

Nutritional Holdings Limited

(Registration number: 2004/002282/06)

(Incorporated in the Republic of South Africa)

(Share Code: NUT ISIN Code: ZAE000156485)

(“**Nutritional Holdings**” or “**the Company**”)

Appointment of Company Secretary

In compliance with section 3.59 of the JSE Listings Requirements, notification is hereby given that Ms Claire Middlemiss has been appointed as Company Secretary of Nutritional Holdings, effective 1 October 2020.

Claire is a qualified Senior Company Secretary and Fellow Member of The Chartered Governance Institute of Southern Africa. Claire brings with her sound exposure and experience of the listed environment having 18 years’ experience specializing in strict corporate governance for listed companies in South Africa.

The board wishes to welcome Claire and look forward to her contribution to the Company.

Durban

5 October 2020

Designated Adviser
Exchange Sponsors