

CAPITAL & REGIONAL PLC

(Incorporated in the United Kingdom)

(UK company number 01399411)

LSE share code: CAL JSE share code: CRP

LEI: 21380097W74N9OYF5Z25

ISIN: GB00BL6XZ716

("Capital & Regional" or "the Company")

**CAPITAL &
REGIONAL****DIRECTOR SHAREHOLDINGS**

The Company has received notification of the following transactions involving the acquisition of ordinary shares of 10 pence each ("Shares") in the Company on 24 June 2020 through the Company's Scrip Dividend Scheme ("the Scrip"). The Shares were acquired on the London Stock Exchange at 91.00 pence per share, being the Scrip reference share price.

Beneficial holder	Position	Number of Shares acquired through the Scrip	Total Shares in which an interest is held following the issue of new shares
Lawrence Hutchings	Executive Director	538	6,105
Stuart Wetherly	Executive Director	1,885	22,174
David Hunter	Chairman	6,285	71,285
Tony Hales	Non-Executive Director	3,991	45,265
Ian Krieger	Non-Executive Director	1,015	11,515
Laura Whyte	Non-Executive Director	531	27,029
<i>Shareholdings connected to Louis Norval:</i>	Non-Executive Director		
PDI Investment Holdings Limited		400,018	4,536,568
MStead Limited		506,313	5,742,052
<i>Shareholdings connected to Norbert Sasse</i>	Non-Executive Director		
Janine Sasse		3,707	42,042

The shares acquired through the scrip by PDI Investment Holdings Limited and Mstead Limited have been added to the shares already subject to a pledge in respect of investment arrangements, resulting in the total shareholdings of 4,536,568 and 5,742,052 respectively being subject to the pledge.

The revised beneficial interest of Louis Norval and his family members in ordinary shares of the Company is 10,313,718 shares, representing 9.22% of the Company's issued share capital.

This announcement is made in accordance with the requirements of the EU Market Abuse Regulation.

29 June 2020

JSE sponsor

The logo for JAVACAPITAL, featuring the word 'JAVACAPITAL' in a bold, sans-serif font, with a stylized blue and grey graphic element above the 'A' and 'C'.

Notes to editors:

About Capital & Regional plc

Capital & Regional is a UK focused retail property REIT specialising in shopping centres that dominate their catchment, serving the non-discretionary and value orientated needs of the local communities. It has a strong track record of delivering value enhancing retail and leisure asset management opportunities across its portfolio of in-town shopping centres.

Capital & Regional owns seven shopping centres in Blackburn, Hemel Hempstead, Ilford, Luton, Maidstone, Walthamstow and Wood Green. Capital & Regional manages these assets through its in-house expert property and asset management platform.

Capital & Regional is listed on the main market of the London Stock Exchange (LSE) and has a secondary listing on the Johannesburg Stock Exchange (JSE)

For further information see capreg.com/