

**Nutritional Holdings Limited**  
(Registration number 2004/002282/06)  
(Incorporated in the Republic of South Africa)  
Share Code: NUT ISIN: ZAE000156485  
("Nutritional Holdings" or "the Company")



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## TRADING STATEMENT

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In terms of the JSE Limited Listings Requirements, a listed company is required to publish a trading statement as soon as it becomes reasonably certain that the financial results for the next period to be reported on will differ by 20% or more from the financial results for the previous corresponding period.

The Company hereby advises shareholders that for the period ended 31 August 2019, the loss per share and headline loss per share are expected to be between 0.03 cents per share and 0.4 cents per share, representing a decrease in the loss per share and headline loss per share of between 45% and 65% compared to the loss per share and headline loss per share of 0.8 cents reported for the period ended 31 August 2018.

The financial information on which this trading statement is based has not been reviewed or reported on by the auditor of the Company. The results for the period ended 31 August 2019 are expected to be published on or about 14 October 2019.

Durban  
11 October 2019

Designated Adviser  
PSG Capital



PSG CAPITAL